



Catalyst-U

What?

Catalyst-U is a specialized plant-based protease-free digestive enzyme in a soothing herbal base.

Why?

According to the Centers for Disease Control and the National Center for Health Statistics, in 2005 over 15.1 million Americans suffered from diagnosed ulcers, 33.3 million visited a physician for digestive-related discomfort and 15.7 million visited emergency rooms for digestive system diagnosis. With digestive disturbances becoming more than just a nuisance, more and more people are looking for natural, non-invasive solutions.

Let's talk enzymes! Our bodies naturally produce digestive enzymes, however, these enzymes are only half the equation. Foods are also supposed to provide enzymes to complement the digestive process. But we live in a fast food nation, where processed and cooked foods are the norm and retain very little if any of their natural enzymes. This forces the digestive system to work overtime in order to assimilate food. The result? Most people's enzyme stores are depleted and the body cannot do its job properly.

Fortunately we can supplement with digestive enzymes such as **Catalyst-U**. This is a protease-free supplement making it ideal for more chronic digestive disorders. Why no protease? The enzyme protease digests proteins; however, it does not discern between proteins from food and exposed tissue such as an ulcer. The protease in this product has been replaced with Gamma Oryzanol, an antioxidant-rich component of rice bran which has been long used and studied in Japan for its reported healing effect on ulcers and inflammation. This product also contains a variety

of healing and soothing herbs such as Licorice, Lavender and Ginger which have been traditionally used for chronic digestive disorders.

How?

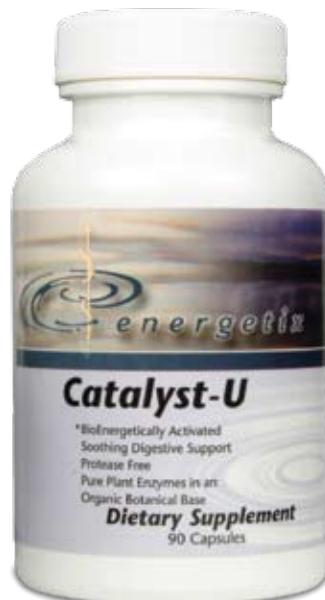
Take 2 capsules 15 minutes before meals, or as directed by your healthcare professional.

Tips:

Catalyst-U should be considered an "interim remedy," with the goal being to switch to the full-spectrum digestive enzyme **Catalyst-7** once the digestive tract has healed. Your healthcare professional will be able to determine the best time to make the switch.

Key Ingredients:

Amylase, Lipase, Cellulase, Lactase, Maltase, Organic Slippery Elm Bark (*Ulmus rubra*), Organic Marshmallow Root (*Althaea officinalis*), Organic Ginger Root (*Zingiber officinale*), Organic Gentian Root (*Gentiana lutea*), Organic Calendula Root (*Calendula officinalis*), Organic Chamomile Flower (*Matricaria recutita*), Organic Licorice Root (*Glycyrrhiza glabra*), Organic Lavender Flower (*Lavandula angustifolia*), Gamma Oryzanol (*Ferulic acid*)



To learn more about nutritionals ask your healthcare professional for a copy of Energetix' patient brochure: "Nutritionals - What You Need to Know."

References:

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- Sasaki J, Takada Y, Handa K, et al. *Effects of gamma-oryzanol on serum lipids and apolipoproteins in dyslipidemic schizophrenics receiving major tranquilizers*. Clin Ther. 1990;12:263-268.
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This information is not meant to diagnose, treat or replace traditional treatment, and has not been approved by the FDA or HPB.