



# Lymph-Tone III

## What?

**Lymph-Tone III** is a homeopathic drainage remedy designed to promote healthy and consistent lymphatic function in chronic cases of toxicity.

## Why?

We are living in extraordinary times! Never before have we experienced the comforts and conveniences that we do today. Unfortunately, some of these comforts and conveniences can come at a high price in terms of the growing level of toxins we are exposed to. The body has built-in filters designed to eliminate certain toxins but sometimes, due to the environment, lifestyle choices and genetics, they get overloaded and need some extra support.

One of the pathways the body uses to eliminate toxins is the lymphatic system. When was the last time you thought about your lymphatic system? You probably recall swollen glands at the onset of a cold or the flu. What you may not have realized is that the lymphatic system is a network of vessels that runs from the top of your head to the tip of your toes. This amazing system works like a trash collector by using over 600 collection sites called “nodes” to collect and destroy harmful toxic materials. An important point to remember about the lymphatic system is that it doesn’t run on autopilot and requires movement, exercise and adequate water intake to keep the lymphatic fluid flowing so it can remove toxins efficiently.

**Lymph-Tone III** is a homeopathic drainage remedy designed with a blend of ingredients to work deep within the cells to target long-standing or chronic toxic congestion. Examples of long-standing toxins could include pesticides, viruses or heavy metals. For more acute or moderately chronic toxins, **Lymph-Tone I** or **Lymph-Tone II** may be recommended.



## How?

30 drops orally twice daily AM/PM, or as directed.

## Tips:

Remember, the lymphatic system relies on movement for optimal health. Do your body a favor and exercise while taking **Lymph-Tone III**. Studies have shown that power walking and rebounding on a mini-trampoline are particularly helpful for a congested lymph system.

### Key Ingredients:

Arnica montana (*Leopard’s Bane*) 12X; ATP (*Adenosine Triphosphate*) 12X, 30X; Calcarea iodatum 12X; Carcinocinum 14X, 30X, 60X, 1M; Echinacea angustifolia (*Coneflower*) 1X, 12X; Germanium Sesquioxide 3X; Hamamelis virginiana (*Witch Hazel*) 12X; Hepar sulphuris calcareum (*Calcium Sulphide*) 12X; H-Soy 4X, 6X, 12X; Hypothalamus 3X, 6X; Influenzinum 30X; Medorrhinum (*Gonorrhoeal Virus*) 30X; Naja tripudians (*Cobra Virus*) 15X; Peumus boldus (*Boldo*) 3X, 12X; Phytolacca decandra (*Poke Root*) 3X; Pinus maritima (*Pycnogenol*) 6X; Pituitary 3X, 6X; Psorinum (*Scabies Vesicle*) 30X; Pyrogenium (*Rotten Meat Pus*) 30X; Shark Cartilage 6X, 8X, 12X, 30X; Spleen 3X, 6X; Thy-mus 3X, 6X; Thyroid 3X, 6X; Tuberculinum 30X; Ubiquinone 12X, 30X.

To learn more about homeopathy, ask your healthcare professional for a copy of Energetix’ patient brochure: “Homeopathy Made Simple.”

References:  
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This information is not meant to diagnose, treat or replace traditional treatment, and has not been approved by the FDA or HPB.